

# WRIST & HAND PROBLEMS

## COMPARISON CHART

CONDITIONS	TYPE OF PAIN						LOCATION OF PAIN		NOTICABLE SKIN CHANGES - COLOUR OR SIZE				ACTIVITY OF SYMPTOMS			
	ACUTE ONSET	GRADUAL ONSET	DULL	THROBBING	CONSTANT	ON WEIGHTBEARING	CLICKING OR CATCHING	SURFACE	DEEP/ BEOW SKIN	WHITE	BLUE	RED	SWELLING	WEAKNESS IN MUSCLE OR JOINT	REDUCE RANGE OF MOVEMENT	UNABLE TO WEIGHTBEAR
Trigger Finger		✓	✓	✓			✓	✓								✓
Thumb Osteoarthritis	*	✓	✓	✓				✓			*	*		✓		*
Triangular Fibro-cartilage Complex		✓	✓	✓		✓	*	✓				*		✓		
Carpal Tunnel Syndrome		✓	*	*				✓						*		
Wrist Fracture	✓			✓	✓	*		✓				✓		✓	✓	*

\* May or may not be present